

Shared by Jo-Anne Rolle-Carrette & Cornelia Fontaine – Dominica

Dominica's way of keeping the ethos in check and coping amidst the COVID-19 Pandemic

- The Ministries of Education and Health have worked collaboratively to mitigate the impact of Covid-19 on the Education System.
- Self-care programmes by WHO officials (counsellors, doctors, nurses, policemen, fire officers, teachers, hospital ancillary staff)
- **MOE** liaise with schools
 - Ministry of Education conducted an inventory of student's access to devices and internet. Where students had no access to devices an attempt was made to provide devices to as many as possible. Where internet access was a challenge instructional material was made available in print form. Schools were also opened to those with no internet access at home. The necessary health safety protocols are being observed.
 - Utilization of Google Classroom to deliver instruction, assessments, projects, tests quizzes, etc to students
 - Delivering packages to students with no device or internet access
 - To inform students of their responsibilities as learners
 - To inform parents of their roles and responsibilities
 - Teachers host radio programmes (tricky Maths, mental Maths, brain teasers, and other subject areas to keep students occupied while they are home on lockdown/curfew)
- **Psychological Fraternity**
 - Has a hotline where MOE counsellors offer support to parents, teachers, students
 - Created a booklet aimed at helping persons cope with anxiety, depression, and PTSD
 - School Guidance Counsellors receive training in organizing Self-Care and Psychological First Aid via Zoom
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- **Health Department**
 - Provide weekly updates via Facebook, radio, television to keep persons abreast with how the COVID- 19 is being managed
 - To give statistics of the number of cases, those recovered etc.

- To inform residents of the protocols and guidelines as it relates to COVID-19, lockdown, quarantine procedures, nutrition, self-care, etc.
- To inform persons of their responsibilities as prevention agents
- **Government (Ministers/Parliamentary Representatives)**
 - Work with all government departments (Health workers, Law Enforcement Officers, Welfare Officers, Utility companies, internet service providers, etc) to inform and educate persons of ways to manage and keep resources running to ensure the polity utilizes the utilities effectively for COVID-19 management and personal uses.
 - Inform persons who may have lost jobs/small businesses which may have had losses during this time to offer some sort of stimulus packages.